

# Download Ebook Al Ghazali On Disciplining The Soul And On Breaking The Two Desires Read Pdf Free

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[Disciplining The Soul](#) Jun 24 2022 Every breath we take is taking us closer to death. The time we spend in this world is short, the time we are held in our graves is long, and the punishment for following our lowly desires is calamitous. Know that all the facets of mankind's disposition are for their benefit - either directly such as the desire for food, or indirectly by preventing harm, such as the capacity for anger. However, when these natural impulses are not moderated it culminates in harm. If the desire for food is excessive it leads to gluttony.

[Al-Ghazzali on Disciplining the Self](#) May 23 2022 General Description: Al-Ghazzali places great emphasis on the virtue and spiritual reward of having a good disposition. He also discusses how to recognize the sicknesses of the spiritual heart, the signs of a good character, the raising and training of children, and the prerequisites of becoming a disciple.

[Simplicity Parenting](#) Jan 07 2021 Today's busier, faster society is waging an undeclared war on childhood. With too much stuff, too many choices, and too little time, children can become anxious, have trouble with friends and school, or even be diagnosed with behavioral problems. Now internationally renowned family consultant Kim John Payne helps parents reclaim for their children the space and freedom that all kids need for their attention to deepen and their individuality to flourish. Simplicity Parenting offers inspiration, ideas, and a blueprint for change: • Streamline your home environment. Reduce the amount of toys, books, and clutter—as well as the lights, sounds, and general sensory overload. • Establish rhythms and rituals. Discover ways to ease daily tensions, create battle-free mealtimes and bedtimes, and tell if your child is overwhelmed. • Schedule a break in the schedule. Establish intervals of calm and connection in your child's daily torrent of constant doing. • Scale back on media and parental involvement. Manage your children's "screen time" to limit the endless deluge of information and stimulation. A manifesto for protecting the grace of childhood, Simplicity Parenting is an eloquent guide to bringing new rhythms to bear on the lifelong art of raising children.

[The Purification of the Soul](#) Jul 01 2020

[Patience and Thankfulness](#) Aug 14 2021 The Book of Patience and Thankfulness is the thirty-second chapter of The Revival of the Religious Sciences which is widely regarded as the greatest work of Islamic spirituality. Written by one of the most famous theologian-mystics of all time, The Book of Patience and Thankfulness discusses two of the virtues of the religious and spiritual life that are of universal interest. --

[Disciplining Terror](#) Dec 06 2020 Since 9/11, we have been told that terrorists are pathological evildoers. Yet before the 1970s, hijackings, assassinations, and other acts now called 'terrorism' were considered the work of rational actors. Disciplining Terror explains how political violence became 'terrorism', and how this transformation ultimately led to the current 'war on terror'.

[The Soul of Discipline](#) Apr 22 2022 In this groundbreaking book, parenting expert and acclaimed author of the bestselling book Simplicity Parenting Kim John Payne, M.Ed., flips the script on children's challenging or defiant behavior and lays out an elegantly simple plan to support parents in establishing loving, age-sensitive boundaries that help children feel safe and settled. In short: What looks like misbehavior is actually your children's signal that they're feeling lost, that they are trying to find direction and looking to you to guide them back on course. Payne gives parents heartwarming help and encouragement by combining astute observations with sensitive and often funny stories from his long career as a parent educator and a school and family counselor. In accessible language, he explains the relevance of current brain- and child-development studies to day-to-day parenting. Breaking the continuum of childhood into three stages, Payne says that parents need to play three different roles, each corresponding to one of those stages, to help steer children through their emotional growth and inevitable challenging times: • The Governor, who is comfortably and firmly in charge—setting limits and making decisions for the early years up to around the age of eight • The Gardener, who watches for emotional growth and makes decisions based on careful listening, assisting tweens in making plans that take the whole family's needs into account • The Guide, who is both a sounding board and moral compass for emerging adults, helping teens build a sense of their life's direction as a way to influence healthy decision making Practical and rooted in common sense, The Soul of Discipline gives parents permission to be warm and nurturing but also calm and firm (not overreactive). It gives clear, doable strategies to get things back on track for parents who sense that their children's behavior has fallen into a troubling pattern. And best of all, it provides healthy direction to the entire family so parents can spend less time and energy on outmoded, punitive discipline and more on connecting with and enjoying their kids. Advance praise for The Soul of Discipline "The Soul of Discipline offers practical tools for helping parents implement discipline that's respectful and effective, but the book is so much more. Kim John Payne offers a framework to guide parents in making decisions about why, when, and how to hold tighter reins as we build skills in our children, and why, when, and how to loosen the reins as we scaffold freedom."—Tina Payne Bryson, Ph.D., co-author of No-Drama Discipline "This book gets deep inside the challenge of getting along with children and teens and thinks deeply about what they need from us to become strong and self-managing. It elevates discipline to what it should be—a caring process of helping kids orient to the world and live in it happily and well."—Steve Biddulph, author of The New Manhood "Kim Payne provides a useful model for choosing our parenting stance—Governor, Gardener, or Guide—depending on the situation. Most powerfully, Payne begins with the radical view that children are not disobedient but rather disoriented. The upshot of this shift in perspective is that discipline is about helping children orient themselves effectively, not about controlling or chastising."—Lawrence J. Cohen, Ph.D., author of Playful Parenting

[The Journey to Allah](#) Oct 24 2019 By al-Hafiz Ibn Rajab al-Hanbali. Bukhari records on the authority of Abu Hurayrah that the Prophet (pbuh) said, 'Your actions alone will not save any of you.' They asked, 'Messenger of Allah, not even you?', He replied, 'Not even me, unless, Allah were to envelop me in His mercy. Be firm; steadfast and balanced; and journey [to Allah] in the beginning of the day, the end of the day, and a portion of the latter part of the night. Moderation, moderation! Through this you will attain your goal!' He also recorded this hadith in another place with the wording, 'This religion is easy, none makes it hard upon himself except that it overwhelms him; therefore be firm, steadfast, and balanced; upon which have glad tidings! Seek help in this by journeying [to Allah] at the beginning of the day, at the end of the day, and a portion of the latter part of night.'

[God Walk](#) Apr 10 2021 Drawing on Jesus's example of walking, bestselling author Mark Buchanan explores one of the oldest spiritual practices

of our faith. What happens when we literally walk out our Christian life? We discover the joy of traveling at the speed of our soul. We often act as if faith is only about the mind. But what about our bodies? What does our physical being have to do with our spiritual life? When the Bible exhorts us to walk in the light, or walk by faith, or walk in truth, it means these things literally as much as figuratively. The Christian faith always involves walking out, as again and again we find the holy in the ordinary. "Come, follow me," Jesus said, and then he was off. The most obvious thing about Jesus's method of discipleship, in fact, is that he walked and invited others to walk with him. Jesus is always "on the way," "arriving," "leaving," "approaching," "coming upon." It's in the walking that his disciples are taught, formed, tested, empowered, and released. Part theology, part history, part field guide, *God Walk* explores walking as spiritual formation, walking as healing, walking as exercise, walking as prayer, walking as pilgrimage, suffering, friendship, and attentiveness. It is a book about being alongside the God who, incarnate in Jesus, turns to us as he passes by--always on foot--and says simply, "Come, follow me." With practical insight and biblical reflections told in his distinct voice, Buchanan provides specific walking exercises so you can immediately implement the practice of going "God speed." Whether you are walking around the neighborhood or hiking in the mountains, walking offers the potential to awaken your life with Christ as it revives body and soul.

**Love, Longing, Intimacy and Contentment** Sep 15 2021 "This is the first complete English translation of the Book of Love, Longing, Intimacy and Contentment, the thirty-sixth chapter of *Ab? H?mid al-Ghazali's* monumental *Revival of the Religious Sciences ... The Book of Love ... is of fundamental importance in the history of Islamic thought and in the development of Sufism.*"--P. [4] of cover.

**Invocations & Supplications** Mar 29 2020

*The Conscious Parent* May 31 2020 THE NEW YORK TIMES BESTSELLER Conscious parenting is about becoming mindful of your behaviour and engaging with your child as an individual. Dr Tsabary inspires parents to get back in touch with their emotions and shed the layers of baggage they have inherited during their own life and are unconsciously heaping on their children. As they become 'conscious' in their parenting, so parents can transform their relationship with their offspring and raise happy, well-adjusted children. *The Conscious Parent* is already transforming the way people are parenting through its sales in the US where it's spent 15 weeks on the New York Times bestseller list. Oprah described the book as 'The most profound book on parenting I've ever read' and Eckhart Tolle has said 'becoming a conscious parent is the greatest gift you can give your child.' The book features a foreword by His Holiness The Dalai Lama.

*Al-Ghazali on the Manners Relating to Eating* Jun 12 2021 The eleventh chapter of *The Revival of the Religious Sciences* begins the section dealing with man and society. In this volume concentrating on the manners relating to eating, Ghazali first discusses what a person must uphold when eating by himself: that the food is lawful, that both the person and the surroundings should be clean, that one must be content with what is available, and how the person should conduct himself while eating and after eating. Ghazali then proceeds to discuss eating in company and says that to all the above should be added the necessity of courtesy, conversation and the proper presentation of food. Finally, Ghazali expounds the virtues of hospitality and generosity and the conduct of the host as well as that of the guest. Other topics that are discussed are: abstinence from food, fasting and general health.

**Discipline and Punish** Jan 19 2022 Michel Foucault is famous as one of the 20th-century's most innovative thinkers – and his work on *Discipline and Punish* was so original and offered models so useful to other scholars that the book now ranks among the most influential academic works ever published. Foucault's aim is to trace the way in which incarceration was transformed between the seventeenth and twentieth centuries. What started as a spectacle, in which ritual punishments were focused on the prisoner's body, eventually became a matter of the private disciplining of a delinquent soul. Foucault's work is renowned for its original insights, and *Discipline and Punish* contains several of his most compelling observations. Much of the focus of the book is on making new connections between knowledge and power, leading Foucault to sketch out a new interpretation of the relationship between *voir*, *savoir* and *pouvoir* – or, 'to see is to know is to have power.' Foucault also dwells in fascinating detail on the true implications of a uniquely creative solution to the problems generated by incarcerating large numbers of criminals in a confined space – Jeremy Bentham's 'panopticon,' a prison constructed around a central tower from which hidden guards might – or might not – be monitoring any given prisoner at any given time. As Foucault points out, the panopticon creates a prison in which inmates will discipline themselves, for fear of punishment, even when there are no guards present. He goes on to apply this insight to the manner in which all of us behave in the outside world – a world in which CCTV and speed cameras are explicitly designed to modify our behavior. Foucault's highly original vision of prisons also ties them to broader structures of power, allowing him to argue that all previous conceptions of prison are misleading, even wrong. For Foucault, the ultimate purpose of incarceration is neither to punish inmates, nor to reduce crime. It is to produce delinquency as a way of enabling the state to control and of structure crime.

**Al-ghazali on Disciplining the Soul and on Breaking the Two Desires** Aug 26 2022 The spiritual life in Islam begins with *riyadat al-nafs*, the inner warfare against the ego. Distracted and polluted by worldliness, the lower self has a tendency to drag the human creature down into arrogance and vice. Only by a powerful effort of will can the sincere worshipper achieve the purity of soul which enables him to attain God's proximity. This translation of two chapters from *The Revival of the Religious Sciences (Ihya' 'Ulum al-Din)* details the sophisticated spiritual techniques adopted by classical Islam. In the first step, *On Disciplining the Soul*, which cites copious anecdotes from the Islamic scriptures and biographies of the saints, Ghazali explains how to acquire good character traits, and goes on to describe how the sickness of the heart may be cured. In the second part, *Breaking the Two Desires*, he focusses on the question of gluttony and sexual desire, concluding, in the words of the Prophet, that 'the best of all matters is the middle way'. The translator has added an introduction and notes which explore Ghazali's ability to make use of Greek as well as Islamic ethics. The work will prove of special interest to those interested in Sufi mysticism, comparative ethics, and the question of sexuality in Islam.

*The Degrees of the Soul* Sep 03 2020 This book unlocks the secrets of the seven degrees through which the soul progresses as it travels the Sufi Path to its Lord. It teaches the novice how to transform the Inciting Soul the lowest and most egotistic of the self's manifestations, into the Reproachful Soul, which must then become Inspired, Serene, Contented, and Found Pleasing until it attains the ultimate degree of sanctity and wholeness as the Perfect Soul. To achieve this progressive purification of the self, special Sufi practices, litanies and attitudes of mind are recommended. Both practical and profound, this book offers a concise manual of Sufi teaching on the Way to spiritual liberation.

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*Al-Ghazali on Intention, Sincerity and Truthfulness* Feb 26 2020 The 37th chapter of the *Revival of Religious Sciences*, this treatise focuses on the subject of intention—which is of crucial importance in Islam—posing questions such as How can someone ignorant of the meaning of intention verify his own intention? How can someone ignorant of the meaning of sincerity verify his own sincerity? and How can someone sincerely claim truthfulness if he has not verified its meaning? Renowned theologian-mystic Abu Hamid al-Ghazali addresses these questions by expounding the reality and levels of intention, sincerity, and truthfulness and the acts which affirm or mar them. Each of al-Ghazali's responses is based on the Qur'an, the example of the Prophet, and the sayings of numerous scholars and Sufis. As relevant today as it was in the 11th century, this discourse will be of interest to anyone concerned with ethics and moral philosophy.

**On Disciplining the Soul** Oct 28 2022 The spiritual life in Islam begins with *riyadat al-nafs*, the inner warfare against the ego. Distracted and polluted by worldliness, the lower self has a tendency to drag the human creature down into arrogance and vice. Only by a powerful effort of will can the sincere worshipper achieve the purity of soul which enables him to attain God's proximity. This translation of two chapters from *The Revival of the Religious Sciences (Ihya' 'Ulum al-Din)* details the sophisticated spiritual techniques adopted by classical Islam. In the first step, *On Disciplining the Soul*, which cites copious anecdotes from the Islamic scriptures and biographies of the saints, Ghazali explains how to acquire good character traits, and goes on to describe how the sickness of the heart may be cured. In the second part, *Breaking the Two Desires*, he focusses on the question of gluttony and sexual desire, concluding, in the words of the Prophet, that 'the best of all matters is the middle way'. The translator has added an introduction and notes which explore Ghazali's ability to make use of Greek as well as Islamic ethics. The work will prove of special interest to those interested in Sufi mysticism, comparative ethics, and the question of sexuality in Islam.

**The Book of Assistance** Dec 26 2019

**Al-Ghazali on Vigilance and Self-Examination** Mar 09 2021 The 38th chapter of the Revival of the Religious Sciences, this treatise follows on from Al-Ghazali on Intention, Sincerity & Truthfulness. Here, Ghazali focuses on the different stations of steadfastness in religion (murabaha), vigilance and self-examination being its cornerstones. As in all his writings, Ghazali bases his arguments on the Qur'an, the example of the Prophet, and the sayings of numerous scholars and Sufis. As relevant today as it was in the 11th century, this discourse will be of interest to anyone concerned with ethics and moral philosophy.

**Spiritual Disciplines for the Christian Life** Jan 27 2020 Drawn from a rich heritage, *Spiritual Disciplines for the Christian Life* will guide you through a carefully selected array of disciplines. By illustrating why the disciplines are important, showing how each one will help you grow in godliness, and offering practical suggestions for cultivating them, *Spiritual Disciplines for the Christian Life* will provide you with a refreshing opportunity to become more like Christ and grow in character and maturity. Now updated and revised to equip a new generation of readers, this anniversary edition features in-depth discussions on each of the key disciplines.

**Diseases of the Hearts and Their Cures** Feb 20 2022

**Ghazali's Theory of Virtue** Dec 18 2021 A study of Ghazali's ethical thought as shown in his extensive treatment of the virtues and their relation to the ends of life and to each other.

**Discipline and Punish** Mar 21 2022 In this brilliant work, the most influential philosopher since Sartre suggests that such vaunted reforms as the abolition of torture and the emergence of the modern penitentiary have merely shifted the focus of punishment from the prisoner's body to his soul.

**The Ninety-nine Beautiful Names of God** Nov 05 2020 In this work, here presented in a complete English edition for the first time, the problem of knowing God is confronted in an original and stimulating way. Taking up the Prophet's teaching that 'Ninety-nine Beautiful Names' are truly predicated of God, Ghazali explores the meaning and resonance of each of these divine names, and reveals the functions they perform both in the cosmos and in the soul of the spiritual adept. Although some of the book is rigorously analytical, the author never fails to attract the reader with his profound mystical and ethical insights, which, conveyed in his sincere and straightforward idiom, have made of this book one of the perennial classics of Muslim thought, popular among Muslims to this day. This volume won a British Book Design and Production Award in 1993.

**Discipline That Connects with Your Child's Heart** Sep 22 2019 Ever feel stuck in a discipline rut? This book will help you develop a new "lens" for effective, caring discipline with your child. "Discipline that Connects" is a profound and deeply Biblical way of thinking about corrective discipline. In these pages you'll grow in insight about yourself and your child. You'll learn to: Prepare your heart and stay calm when your kids are not. Think on your feet and respond with confidence and wisdom. Turn behavior problems into opportunities. Help children learn to be responsible for their own actions and truly reconcile with others. Use creative consequences that build skills, values, and faith in your children. Get out of the discipline rut and into your children's hearts!

**Al-Ghazzali on Listening to Music** Jul 21 2019 General Description: Al-Ghazzali discusses the difficult issues involved in listening to music and attaining ecstasy through topics like what is unlawful and what is lawful, where listening to music is unlawful, the effects of music and its rules of conduct and the rules of conduct of the whirling dance.

**Dad Tired and Loving It** Feb 08 2021 Do You Want to Be a Spiritual Leader? Start Here Have the day-to-day realities of being a dad and husband left you frustrated or just plain worn out? You're not alone. Jerrad Lopes felt that way too...until he started blogging about his struggles and discovered thousands of other men who want to be good husbands and fathers but don't know where to start. You will learn that spiritual leaders realize their story isn't the story—it's all about Jesus point their wives, children, community, and world toward God stumble their way through spiritual leadership rather than doing nothing seek humility rather than striving for perfection refuse to let their sin and shame stop them from leading their family look for adventure in the kingdom of God, not in the world create gospel-centered memories with their wife and children When you begin to understand the bigger picture of God's purpose for you in your marriage and family, you'll see that the good news of Jesus makes it possible for you to love and lead without fear and discouragement. Get equipped and encouraged as you become the man God is calling you to be—even when you're dad tired.

**The Prophetic Ethics and the Courtesies of Living** Aug 22 2019 In book twenty of the forty books which compose the Revival of the Religious Sciences (Ihya' 'ulum al-din), Abu hamid al-Ghazali gives a full account of the customs and character of the Messenger of God, Muhammad. It is not a biography of Muhammad (peace and blessing of God be upon him) but a roadmap for those who want to strengthen their faith, increase their knowledge, and deepen their understanding of the second part of the testimony of faith, namely the first pillar of Islam. The author details the Messenger's noble nature and his miracles, while removing doubts regarding his message. He deals with the issue of the imitation of Muhammad (peace and blessing of God be upon him) noting that the ultimate source of knowledge is revelation from God which comes to us through the Messenger. This volume lays clear that the aim of the imam in this Series is to call for a return to the Sunna and the imitation of the Messenger in all aspects of life.

**Mukhtasar Minhaj Al Qasidin (Towards the Hereafter)** Nov 17 2021 This translation of Mukhtasar Minhaj Al-Qasidin is an abridged version of ibn Al-Jawzi's summary of Imam Abu Hamid Al-Ghazali's well known book, Ihya Ulum Ad-Din. In Imam Al-Ghazali's Ihya Ulum Ad-Din (The Revitalization of Sciences of Religion) apparently has some defects that only scholars can realize, such as the narrations which have been traced back to the prophet while they are fabricated or inauthentic. Therefore, Imam Ibn Al-Jawziyy compiled this book free of those defects, while retaining the benefits on the original book. In this book the author relied only on authentic and famous narrations, and removed from or added to the original book what he seemed necessary. This book is divided into four chapters: Chapter One: Acts of Worship Chapter Two: Customs Chapter Three: Destructive Flaws Chapter Four: Means of Salvation Each one of these four chapters consists of numerous titles and sub-titles.

**The Good News About Bad Behavior** May 11 2021 The current model of parental discipline is as outdated as a rotary phone. Why don't our kids do what we want them to do? Parents often take the blame for misbehavior, but this obscures a broader trend: in our modern, highly connected age, children have less self-control than ever. About half of the current generation of children will develop a mood or behavioral disorder or a substance addiction by age eighteen. Contemporary kids need to learn independence and responsibility, yet our old ideas of punishments and rewards are preventing this from happening. To stem this growing crisis of self-regulation, journalist and parenting expert Katherine Reynolds Lewis articulates what she calls The Apprenticeship Model, a new theory of discipline that centers on learning the art of self-control. Blending new scientific research and powerful individual stories of change, Lewis shows that, if we trust our children to face consequences, they will learn to adapt and moderate their own behavior. She watches as chaotic homes become peaceful, bewildered teachers see progress, and her own family grows and evolves in light of these new ideas. You'll recognize your own family in Lewis's sensitive, realistic stories, and you'll find a path to making everyone in your home more capable, kinder, and happier -- including yourself.

**Abstinence in Islam** Oct 16 2021

**The Soul's Journey After Death** Oct 04 2020

**Parenting With Purpose** Aug 02 2020 If You've Ever Allowed a Three-Year-Old's Temper Tantrum to Ruin You, Then Keep Reading ... and learn the no-nonsense approach to positive parenting and raising emotionally intelligent kids You're in the middle of the supermarket and your three-year-old is in full meltdown mode over an icicle. There's yelling, there are tears and snot flying everywhere. Do you: Give in and buy the icicle because you're way too embarrassed Engage in a yelling match with your kid, i.e. lose your marbles completely Drag your kid yelling and screaming out of the supermarket Calmly but firmly stand your ground and tell your little one there are snacks waiting for them at home? Now that you look at it, the correct answer is probably obvious. In the heat of the moment, however, most parents will react instinctively and they'll do

irrational things due to stress and exhaustion. Let's face it - even the best and kindest of kids throw temper tantrums. In fact, statistics show that 87% of 18 to 24-month-olds will have a total meltdown every once in a while. But it doesn't end there. Of all three to four-year-olds, 50% will still continue with the temper tantrums. How long can you stand your ground when these become a regular occurrence? Even moms who are as cool as a cucumber will want to punch the wall simply because a five-year-old can't be rationalized with. Being a parent is tough. Learning through trial and error, however, isn't an option when your kid's wellbeing and future are on the line. Mastering the right parenting techniques early on in life is important because: Intense early childhood parental involvement helps kids develop to the best of their abilities Mindful parenting also contributes to better social development for children Positive parenting can impact generations - not only your kids but the way they interact with their own children You will be establishing a bond with your child that will last a lifetime You certainly understand the importance of being a hands-on parent. Like many others, however, you may be clueless about how to approach discipline, boundaries and positive reinforcement. Of all parents, 57% struggle finding the most effective way to discipline kids. Parenting with Purpose provides the answer. Good parenting is based on mutual respect, open communication and transparency. This is just one of the key lessons included in the latest book by child development experts Aileen Jarvis and Rowan Roffe. In Parenting with Purpose, you'll discover: What exactly is parenting with purpose - actionable tips and no mumbo jumbo How your child's mind functions - little ones don't process information as adults! 4 parenting styles you should never adopt because they'll backfire sooner or later And 2 loving, nurturing parenting styles that can help you establish a strong bond with your kids How to handle the mighty temper tantrum like a boss (the one thing all parents are probably dying to find out) The secret of setting boundaries and outlining clear consequences, whether positive or negative The answer to the big question: should a parent ever try to be their child's friend? Effective approaches for dealing with a teen rebel Actionable insights, real-life examples and communication exercises to strengthen the skills you've just learned And much more. As a bonus, the book will apply the techniques to real-life situations that parents struggle with. If you dread mealtime or getting kids ready for kindergarten in the morning, this is the reading material you should have on your nightstand. Bad behavior is corrigible! Click the "Add to Cart" button now to find out which parenting techniques are bound to give you the best results.

**Listen to Me!** Jul 13 2021 Are you confused by all the different parenting advice on how to discipline your child? Have you been trying a variety of different methods for years that don't really work or feel uncomfortable to use - or are you just starting out on the parenting journey and want sound information? Regardless of your situation, you might find it helpful to change the way you think about discipline altogether. Using research and knowledge, Dr Anna Martin has turned traditional methods on their head to come up with effective strategies that put listening and the well-being of children before lecturing. Whether your child is 2 or 22, the clear step-by-step methods in Listen to Me! are all you need to minimise conflict in the family and encourage a secure relationship between you and your child.

**On Disciplining the Soul** Sep 27 2022 The spiritual life in Islam begins with riyadat al-nafs, the inner warfare against the ego. Distracted and polluted by worldliness, the lower self has a tendency to drag the human creature down into arrogance and vice. Only by a powerful effort of will can the sincere worshipper achieve the purity of soul which enables him to attain God's proximity. This translation of two chapters from The Revival of the Religious Sciences (Ihya' 'Ulum al-Din) details the sophisticated spiritual techniques adopted by classical Islam. In the first step, On Disciplining the Soul, which cites copious anecdotes from the Islamic scriptures and biographies of the saints, Ghazali explains how to acquire good character traits, and goes on to describe how the sickness of the heart may be cured. In the second part, Breaking the Two Desires, he focusses on the question of gluttony and sexual desire, concluding, in the words of the Prophet, that 'the best of all matters is the middle way'. The translator has added an introduction and notes which explore Ghazali's ability to make use of Greek as well as Islamic ethics. The work will prove of special interest to those interested in Sufi mysticism, comparative ethics, and the question of sexuality in Islam.

**Raising Children** Jun 19 2019 This book is one of the many Islamic publications distributed by Mustafa Organization throughout the world in different languages with the aim of conveying the message of Islam to the people of the world. Mustafa Organization is a registered Organization that operates and is sustained through collaborative efforts of volunteers in many countries around the world, and it welcomes your involvement and support. Its objectives are numerous, yet its main goal is to spread the truth about the Islamic faith in general and the Shi'a School of Thought in particular due to the latter being misrepresented, misunderstood and its tenets often assaulted by many ignorant folks, Muslims and non-Muslims. Organization's purpose is to facilitate the dissemination of knowledge through a global medium, the Internet, to locations where such resources are not commonly or easily accessible or are resented, resisted and fought!

**Disciplined Minds** Jul 25 2022 This book details the battle one must fight to be an independent thinker, showing how an honest reassessment of what it means to be a professional in today's corporate society can be remarkably liberating. Poignant examples from the world of work reveal the workplace as a battleground for the very identity of the individual. Schmidt contends that professional work is inherently political—that the unstated duty of professionals is to maintain strict "ideological discipline." Career dissatisfaction evolves as workers lose control over the political component of their creative work. After reading this insightful book, no one who works for a living will ever think the same way about their job. Jeff Schmidt lives in Washington, D.C., where he is an editor for Physics Today.

*Al-Ghazzali on Repentance* Apr 29 2020

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