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**Just My Type** Sep 29 2022 A hugely entertaining and revealing guide to the history of type that asks, What does your favorite font say about you? Fonts surround us every day, on street signs and buildings, on movie posters and books, and on just about every product we buy. But where do fonts come from, and why do we need so many? Who is responsible for the staid practicality of Times New Roman, the cool anonymity of Arial, or the irritating levity of Comic Sans (and the movement to ban it)? Typefaces are now 560 years old, but we barely knew their names until about twenty years ago when the pull-down font menus on our first computers made us all the gods of type. Beginning in the early days of Gutenberg and ending with the most adventurous digital fonts, Simon Garfield explores the rich history and subtle powers of type. He goes on to investigate a range of modern mysteries, including how Helvetica took over the world, what inspires the seeming ubiquitous use of Trajan on bad movie posters, and exactly why the all-type cover of Men are from Mars, Women are from Venus was so effective. It also examines why the "T" in the Beatles logo is longer than the other letters and how Gotham helped Barack Obama into the White House. A must-have book for the design conscious, Just My Type's cheeky irreverence will also charm everyone who loved Eats, Shoots & Leaves and Schott's Original Miscellany.

**The Better Angels of Our Nature** Aug 17 2021 "If I could give each of you a graduation present, it would be this—the most inspiring book I've ever read." —Bill Gates (May, 2017) Selected by The New York Times Book Review as a Notable Book of the Year The author of Rationality and Enlightenment Now offers a provocative and surprising history of violence. Faced with the ceaseless stream of news about war, crime, and terrorism, one could easily think we live in the most violent age ever seen. Yet as New York Times bestselling author Steven Pinker shows in this startling and engaging new work, just the opposite is true: violence has been diminishing for millenia and we may be living in the most peaceful time in our species's existence. For most of history, war, slavery, infanticide, child abuse, assassinations, programs, gruesome punishments, deadly quarrels, and genocide were ordinary features of life. But today, Pinker shows (with the help of more than a hundred graphs and maps) all these forms of violence have dwindled and are widely condemned. How has this happened? This groundbreaking book continues Pinker's exploration of the essence of human nature, mixing psychology and history to provide a remarkable picture of an increasingly nonviolent world. The key, he explains, is to understand our intrinsic motives--the inner demons that incline us toward violence and the better angels that steer us away--and how changing circumstances have allowed our better angels to prevail. Exploding fatalist myths about humankind's inherent violence and the curse of modernity, this ambitious and provocative book is sure to be hotly debated in living rooms and the Pentagon alike, and will challenge and change the way we think about our society.

**Mission Economy** Feb 29 2020 'One of the most influential economists in the world' Wired Even before the Covid-19 pandemic in 2020, capitalism was stuck. It had no answers to a host of problems, including disease, inequality, the digital divide and, perhaps most blatantly, the environmental crisis. Taking her inspiration from the 'moonshot' programmes which successfully co-ordinated public and private sectors on a massive scale, Mariana Mazzucato calls for the same level of boldness and experimentation to be applied to the biggest problems of our time. We must, she argues, rethink the capacities and role of government within the economy and society, and above all recover a sense of public purpose. Mission Economy, whose ideas are already being adopted around the world, offers a way out of our impasse to a more optimistic future.

**The Laws of Human Nature** Jan 10 2021 From the #1 New York Times bestselling author of The 48 Laws of Power comes the definitive new book on decoding the behavior of the people around you Robert Greene is a master guide for millions of readers, distilling ancient wisdom and philosophy into essential texts for seekers of power, understanding and mastery. Now he turns to the most important subject of all - understanding people's drives and motivations, even when they are unconscious of them themselves. We are social animals. Our very lives depend on our relationships with people. Knowing why people do what they do is the most important tool we can possess, without which our other talents can only take us so far. Drawing from the ideas and examples of Pericles, Queen Elizabeth I, Martin Luther King Jr, and many others, Greene teaches us how to detach ourselves from our own emotions and master self-control, how to develop the empathy that leads to insight, how to look behind people's masks, and how to resist conformity to develop your singular sense of purpose. Whether at work, in relationships, or in shaping the world around you, The Laws of Human Nature offers brilliant tactics for success, self-improvement, and self-defense.

**It's Just My Nature** Jul 28 2022 It's Just My Nature by George Zobel It's Just My Nature George Zobel It's Just My Nature tells the romantic story of Martha, a sixty-six-year-old retired professor who is dying of cancer in Hospice care, and Joel, a jaded, questioning clergyman who is unceremoniously ushered in to provide pastoral care. Martha, he finds, possesses some unique knowledge in communicative diseases that the government desperately wants to get before she dies. Interspersed with the first person accounts by both Joel and Martha is the narrative of a certain village in South Sudan that has been brutalized by an ALFA raid. One of the young women, Farris, designs an unconventional plan to escape from her captives and save two younger children in a life-or-death race across the desert with her tormenters in close pursuit. It's Just My Nature is an intriguing web of connected stories that blends romance, adventure, theology, and geo-politics within an engaging and thought-provoking novel.

**Our Mathematical Universe** Jun 02 2020 Max Tegmark leads us on an astonishing journey through past, present and future, and through the physics, astronomy and mathematics that are the foundation of his work, most particularly his hypothesis that our physical reality is a mathematical structure and his theory of the ultimate multiverse. In a dazzling combination of both popular and groundbreaking science, he not only helps us grasp his often mind-boggling theories, but he also shares with us some of the often surprising triumphs and disappointments that have shaped his life as a scientist. Fascinating from first to last—this is a book that has already prompted the attention and admiration of some of the most prominent scientists and mathematicians.

**Second Nature** Sep 25 2019 "One of the distinguished gardening books of our time," from the #1 New York Times bestselling author of The Omnivore's Dilemma (USA Today). Chosen by the American Horticultural Society as one of the 75 greatest books ever written about gardening After Michael Pollan bought an old Connecticut dairy farm, he planted a garden and attempted to follow Thoreau's example: do not impose your will upon the wilderness, the woodchucks, or the weeds. That ethic did not, of course, work. But neither did pesticides or firebombing the woodchuck burrow. So Michael Pollan began to think about the troubled borders between nature and contemporary life. The result is a funny, profound, and beautifully written book in the finest tradition of American nature writing. It inspires thoughts on the war of the roses; sex and class conflict in the garden; virtuous composting; the American lawn; seed catalogs, and the politics of planting a tree. A blend of meditation, autobiography, and social history, Second

Nature, from the renowned author of *The Botany of Desire*, *In Defense of Food*, and other bestsellers, is “as delicious a meditation on one man’s relationship with the Earth as any you are likely to come upon” (The New York Times Book Review). “Usually when Americans have wanted to explore their relationship to nature they’ve gone to the wilderness, or the woods. Michael Pollan went to the garden instead . . . and he’s returned with a quirky and pleasing book.” —Annie Dillard “A joy to read.” —Los Angeles Times

**A Treatise on Human Nature** Dec 21 2021

**The World Without Us** Feb 20 2022 "On the day after humans disappear, nature takes over and immediately begins cleaning house - or houses, that is. Cleans them right off the face of the earth. They all go." What if mankind disappeared right now, forever ... what would happen to the Earth in a week, a year, a millennium? Could the planet's climate ever recover from human activity? How would nature destroy our huge cities and our myriad plastics? And what would our final legacy be? Speaking to experts in fields as diverse as oil production and ecology, and visiting the places that have escaped recent human activity to discover how they have adapted to life without us, Alan Weisman paints an intriguing picture of the future of Earth. Exploring key concerns of our time, this absorbing thought experiment reveals a powerful - and surprising - picture of our planet's future.

**The Second Media Age** Jul 04 2020 This book examines the implications of new communication technologies in the light of the most recent work in social and cultural theory and argues that new developments in electronic media, such as the Internet and Virtual Reality, justify the designation of a "second media age".

**The Order of Time** Mar 12 2021 One of TIME’s Ten Best Nonfiction Books of the Decade "Meet the new Stephen Hawking . . . The Order of Time is a dazzling book." --The Sunday Times From the bestselling author of *Seven Brief Lessons on Physics*, *Reality Is Not What It Seems*, and *Helgoland*, comes a concise, elegant exploration of time. Why do we remember the past and not the future? What does it mean for time to "flow"? Do we exist in time or does time exist in us? In lyric, accessible prose, Carlo Rovelli invites us to consider questions about the nature of time that continue to puzzle physicists and philosophers alike. For most readers this is unfamiliar terrain. We all experience time, but the more scientists learn about it, the more mysterious it remains. We think of it as uniform and universal, moving steadily from past to future, measured by clocks. Rovelli tears down these assumptions one by one, revealing a strange universe where at the most fundamental level time disappears. He explains how the theory of quantum gravity attempts to understand and give meaning to the resulting extreme landscape of this timeless world. Weaving together ideas from philosophy, science and literature, he suggests that our perception of the flow of time depends on our perspective, better understood starting from the structure of our brain and emotions than from the physical universe. Already a bestseller in Italy, and written with the poetic vitality that made *Seven Brief Lessons on Physics* so appealing, *The Order of Time* offers a profoundly intelligent, culturally rich, novel appreciation of the mysteries of time.

**Natural Causes** Nov 27 2019 From the celebrated author of *Nickel and Dimed*, Barbara Ehrenreich explores how we are killing ourselves to live longer, not better. A razor-sharp polemic which offers an entirely new understanding of our bodies, ourselves, and our place in the universe, *Natural Causes* describes how we over-prepare and worry way too much about what is inevitable. One by one, Ehrenreich topples the shibboleths that guide our attempts to live a long, healthy life -- from the importance of preventive medical screenings to the concepts of wellness and mindfulness, from dietary fads to fitness culture. But *Natural Causes* goes deeper -- into the fundamental unreliability of our bodies and even our "mind-bodies," to use the fashionable term. Starting with the mysterious and seldom-acknowledged tendency of our own immune cells to promote deadly cancers, Ehrenreich looks into the cellular basis of aging, and shows how little control we actually have over it. We tend to believe we have agency over our bodies, our minds, and even over the manner of our deaths. But the latest science shows that the microscopic subunits of our bodies make their own "decisions," and not always in our favor. We may buy expensive anti-aging products or cosmetic surgery, get preventive screenings and eat more kale, or throw ourselves into meditation and spirituality. But all these things offer only the illusion of control. How to live well, even joyously, while accepting our mortality -- that is the vitally important philosophical challenge of this book. Drawing on varied sources, from personal experience and sociological trends to pop culture and current scientific literature, *Natural Causes* examines the ways in which we obsess over death, our bodies, and our health. Both funny and caustic, Ehrenreich then tackles the seemingly unsolvable problem of how we might better prepare ourselves for the end -- while still reveling in the lives that remain to us.

**Just Your Type** Mar 24 2022 Discover how the secrets of Personality Type can enliven your love life! Learn the real reason why your strong quiet type has trouble expressing his feelings. Or why your social butterfly is always flirting...or why the neatnik in your life just can't leave that dirty sock where it is . . . or why the hopeless romantic really is blinded by the stars in his eyes. Whether you're evaluating a new relationship or looking to strengthen the one you have, this savvy guide will provide fresh insight into the mysteries of love. Barbara Barron-Tieger and Paul Tieger explain that it's not gender but personality type -- your natural tendency to be outgoing or quiet, methodical or whimsical -- that rules the way men and women relate. Drawing on twenty years of experience as well as groundbreaking new research, they explain everything you need to know about Personality Type, and offer an individualized approach to improving your love life. Once you've discovered which personality type describes you and your partner (or potential partner) best, you'll recognize your own behavior patterns, understand more about your partner's strengths and quirks, and learn.

**A Natural History of the Future** Apr 24 2022 "An arresting vision of this relentless natural world"—New York Times Book Review A leading ecologist argues that if humankind is to survive on a fragile planet, we must understand and obey its iron laws Our species has amassed unprecedented knowledge of nature, which we have tried to use to seize control of life and bend the planet to our will. In *A Natural History of the Future*, biologist Rob Dunn argues that such efforts are futile. We may see ourselves as life’s overlords, but we are instead at its mercy. In the evolution of antibiotic resistance, the power of natural selection to create biodiversity, and even the surprising life of the London Underground, Dunn finds laws of life that no human activity can annul. When we create artificial islands of crops, dump toxic waste, or build communities, we provide new materials for old laws to shape. Life’s future flourishing is not in question. Ours is. As ambitious as Edward Wilson’s *Sociobiology* and as timely as Elizabeth Kolbert’s *The Sixth Extinction*, *A Natural History of the Future* sets a new standard for understanding the diversity and destiny of life itself.

**Natural Opium** Dec 29 2019 Discusses why humans travel, how travel changes them, and the willingness to face danger in the name of adventure, and takes readers to such places as London, St. Petersburg, and Bangkok

**After Nature** May 14 2021 Nature no longer exists apart from humanity. The world we will inhabit is the one we have made. Geologists call this epoch the Anthropocene, Age of Humans. The facts of the Anthropocene are scientific—emissions, pollens, extinctions—but its shape and meaning are questions for politics. Jedediah Purdy develops a politics for this post-natural world.

**It's Just My Nature** Oct 31 2022 Reveals a startlingly accurate method for assessing your personality and behavioral tendencies called Energy Profiling™ system.

**Animal Vegetable Criminal** Jun 14 2021 AN AMAZON BEST BOOK OF 2021 ‘Delightful’ Ed Yong What’s to be done about a drunken elephant? A monkey caught mugging passers-by? A trespassing squirrel? Follow Mary Roach as she investigates laser scarecrows, robo-hawks, human-elephant conflict specialists and monkey impersonators. Travel to the bear-busy back alleys of Aspen, the gull-vandalized floral displays at the Vatican and leopard-terrorized hamlets in the Himalayas. In this fresh, funny and thoroughly researched book, dive into the weird and wonderful moments when humanity and wildlife bump up against one another.

**Dressing Your Truth** Aug 29 2022 Discover your unique beauty profile-- the first step to dressing your truth and becoming your own beauty expert.

**The Modern Chakra Guide** Oct 07 2020 Does today's world ever feel intense, depressing, or even scary? In *The Modern Chakra Guide*, bestselling author Carol Tuttle shows you how the world is going through an energetic shift--and how to activate your chakra energy to rise above the chaos. Carol shares the path that took her from a life in shambles to a life of powerful fulfillment. With reassurance and timely insight her personal perspective will help you counter the rush, confusion, and fear of today's world. Through this book, you will be able to: Feel more daily joy than you've imagined is possible, Recognize how chakra energy influences you, Navigate the energetic shift of our time with ease, Awaken and activate your energy to upgrade

your life, If you are a person who wants to feel balanced, aware, and joyful-even with today's world swirling around you-then this book is for you. Book jacket.

**Baby's Book of Nature** Jan 22 2022 Babies and toddlers love the colours, shapes and feel of the plants and animals around them. In this book they will find an array of plants and animals that feel prickly, bumpy or slimy, can count the legs on a beetle, goat or spider, identify shapes and patterns from starfish, leopards and butterflies, or try to recognise an array of close-up photographs. Simple words identify each picture, helping to enrich vocabulary and develop early reading skills.

*Leviathan* Aug 24 2019 Written by one of the founders of modern political philosophy, Thomas Hobbes, during the English civil war, *Leviathan* is an influential work of nonfiction. Regarded as one of the earliest examples of the social contract theory, *Leviathan* has both historical and philosophical importance. Social contract theory prioritizes the state over the individual, claiming that individuals have consented to the surrender of some of their freedoms by participating in society. These surrendered freedoms help ensure that the government can be run easily. In exchange for their sacrifice, the individual is protected and given a place in a steady social order. Articulating this theory, Hobbes argues for a strong, undivided government ruled by an absolute sovereign. To support his argument, Hobbes includes topics of religion, human nature and taxation. Separated into four sections, Hobbes claims his theory to be the resolution of the civil war that raged on as he wrote, creating chaos and taking casualties. The first section, *Of Man* discusses the role human nature and instinct plays in the formation of government. The second section, *Of Commonwealth* explains the definition, implications, types, and rules of succession in a commonwealth government. *Of a Christian Commonwealth* imagines the religion's role government and societal moral standards. Finally, Hobbes closes his argument with *Of the Kingdom of Darkness*. Through the use of philosophical theory and historical study, Thomas Hobbes attempts to convince citizens to consider the cost and reward of being governed. Without an understanding of the sociopolitical theories that keep government bodies in power, subjects can easily become complicit or allow society to slip into anarchy. Created during a brutal civil war, Hobbes hoped to educate and persuade his peers. Though *Leviathan* was a work of controversy in its time, Hobbes' theories and prose has survived centuries, shaping the ideas of modern philosophy. This edition of *Leviathan* by Thomas Hobbes is now presented with a stunning new cover design and is printed in an easy-to-read font. With these accommodations, *Leviathan* is accessible and applicable to contemporary readers.

**The 20th Anniversary Edition Remembering Wholeness** Dec 09 2020 A simple and profound approach to creating the life you want and deserve. Actualizing your own innate powers and the powers of heaven to assist you.

**Just Like Nature Does: Finding Happiness Through Gratitude Empathy and Mindfulness** May 26 2022 All of us like to believe that we understand ourselves better, we assume we have control over our life. But in all reality, we are clueless creatures, just killing time on this planet. Is this our purpose? Is this what we were sent for in this world? I don't think so. Your purpose in this life and in this world is far greater than yourself. You, of all people, were born to do something bigger and extraordinary. Then why let yourself succumb to the distractions of the world? Why give in to the worldly possessions that are only there to put you off the pavement. This book will help you understand your purpose and push you to make a difference in your life and this world. It will encourage you to move on and inspire.

**Nicomachean Ethics** Mar 31 2020 *Nicomachean Ethics* Aristotle - The *Nicomachean Ethics* is one of Aristotle's most widely read and influential works. Ideas central to ethics—that happiness is the end of human endeavor, that moral virtue is formed through action and habituation, and that good action requires prudence—found their most powerful proponent in the person medieval scholars simply called "the Philosopher." Drawing on their intimate knowledge of Aristotle's thought, Robert C. Bartlett and Susan D. Collins have produced here an English-language translation of the *Ethics* that is as remarkably faithful to the original as it is graceful in its rendering. Aristotle is well known for the precision with which he chooses his words, and in this elegant translation his work has found its ideal match. Bartlett and Collins provide copious notes and a glossary providing context and further explanation for students, as well as an introduction and a substantial interpretive essay that sketch central arguments of the work and the seminal place of Aristotle's *Ethics* in his political philosophy as a whole. The *Nicomachean Ethics* has engaged the serious interest of readers across centuries and civilizations—of peoples ancient, medieval, and modern; pagan, Christian, Muslim, and Jewish—and this new edition will take its place as the standard English-language translation.

**Enlightenment Now** Oct 26 2019 INSTANT NEW YORK TIMES BESTSELLER A NEW YORK TIMES NOTABLE BOOK OF 2018 ONE OF THE ECONOMIST'S BOOKS OF THE YEAR "My new favorite book of all time." --Bill Gates If you think the world is coming to an end, think again: people are living longer, healthier, freer, and happier lives, and while our problems are formidable, the solutions lie in the Enlightenment ideal of using reason and science. By the author of the new book, *Rationality*. Is the world really falling apart? Is the ideal of progress obsolete? In this elegant assessment of the human condition in the third millennium, cognitive scientist and public intellectual Steven Pinker urges us to step back from the gory headlines and prophecies of doom, which play to our psychological biases. Instead, follow the data: In seventy-five jaw-dropping graphs, Pinker shows that life, health, prosperity, safety, peace, knowledge, and happiness are on the rise, not just in the West, but worldwide. This progress is not the result of some cosmic force. It is a gift of the Enlightenment: the conviction that reason and science can enhance human flourishing. Far from being a naïve hope, the Enlightenment, we now know, has worked. But more than ever, it needs a vigorous defense. The Enlightenment project swims against currents of human nature--tribalism, authoritarianism, demonization, magical thinking--which demagogues are all too willing to exploit. Many commentators, committed to political, religious, or romantic ideologies, fight a rearguard action against it. The result is a corrosive fatalism and a willingness to wreck the precious institutions of liberal democracy and global cooperation. With intellectual depth and literary flair, *Enlightenment Now* makes the case for reason, science, and humanism: the ideals we need to confront our problems and continue our progress.

*Nature's Virus Killers* Jun 26 2022 This book arms you and your family with weapons to defeat health-stealing viruses such as cold, flu, hepatitis, Epstein-Barr, herpes, and a platoon of others.

*Remembering Wholeness* Oct 19 2021 We are hard-wired for joy, happiness, good-health, wealth, and loving relationships -- God designed us for this outcome. If you are not experiencing this in your life and you want to, it is time. Carol Tuttle has arrived just in time. In an explosion of how-to books and cure-all programs, Carol's voice is one of clarity. Her approach is simple and profound. Carol's message is a gift that will open you to a new level of understanding and she offers her light with gratitude and a pure heart. Book jacket.

**The Swarm** Jun 22 2019 Whales begin sinking ships. Toxic, eyeless crabs poison Long Island's water supply. The North Sea shelf collapses, killing thousands in Europe. Around the world, countries are beginning to feel the effects of the ocean's revenge as the seas and their inhabitants begin a violent revolution against mankind. At stake is the survival of the Earth's fragile ecology—and ultimately, the survival of the human race itself. The apocalyptic catastrophes of *The Day After Tomorrow* meet the watery menace of *The Abyss* in this gripping, scientifically realistic, and utterly imaginative thriller.

**The Future of Money** May 02 2020 A cutting-edge look at how accelerating financial change, from the end of cash to the rise of cryptocurrencies, will transform economies for better and worse. We think we've seen financial innovation. We bank from laptops and buy coffee with the wave of a phone. But these are minor miracles compared with the dizzying experiments now underway around the globe, as businesses and governments alike embrace the possibilities of new financial technologies. As Eswar Prasad explains, the world of finance is at the threshold of major disruption that will affect corporations, bankers, states, and indeed all of us. The transformation of money will fundamentally rewrite how ordinary people live. Above all, Prasad foresees the end of physical cash. The driving force won't be phones or credit cards but rather central banks, spurred by the emergence of cryptocurrencies to develop their own, more stable digital currencies. Meanwhile, cryptocurrencies themselves will evolve unpredictably as global corporations like Facebook and Amazon join the game. The changes will be accompanied by snowballing innovations that are reshaping finance and have already begun to revolutionize how we invest, trade, insure, and manage risk. Prasad shows how these and other changes will redefine the very

concept of money, unbundling its traditional functions as a unit of account, medium of exchange, and store of value. The promise lies in greater efficiency and flexibility, increased sensitivity to the needs of diverse consumers, and improved market access for the unbanked. The risk is instability, lack of accountability, and erosion of privacy. A lucid, visionary work, *The Future of Money* shows how to maximize the best and guard against the worst of what is to come.

**Eating to Extinction** Nov 07 2020 A New York Times Book Review Editors' Choice What Saladino finds in his adventures are people with soul-deep relationships to their food. This is not the decadence or the preciousness we might associate with a word like "foodie," but a form of reverence . . . Enchanting." —Molly Young, *The New York Times* Dan Saladino's *Eating to Extinction* is the prominent broadcaster's pathbreaking tour of the world's vanishing foods and his argument for why they matter now more than ever Over the past several decades, globalization has homogenized what we eat, and done so ruthlessly. The numbers are stark: Of the roughly six thousand different plants once consumed by human beings, only nine remain major staples today. Just three of these—rice, wheat, and corn—now provide fifty percent of all our calories. Dig deeper and the trends are more worrisome still: The source of much of the world's food—seeds—is mostly in the control of just four corporations. Ninety-five percent of milk consumed in the United States comes from a single breed of cow. Half of all the world's cheese is made with bacteria or enzymes made by one company. And one in four beers drunk around the world is the product of one brewer. If it strikes you that everything is starting to taste the same wherever you are in the world, you're by no means alone. This matters: when we lose diversity and foods become endangered, we not only risk the loss of traditional foodways, but also of flavors, smells, and textures that may never be experienced again. And the consolidation of our food has other steep costs, including a lack of resilience in the face of climate change, pests, and parasites. Our food monoculture is a threat to our health—and to the planet. In *Eating to Extinction*, the distinguished BBC food journalist Dan Saladino travels the world to experience and document our most at-risk foods before it's too late. He tells the fascinating stories of the people who continue to cultivate, forage, hunt, cook, and consume what the rest of us have forgotten or didn't even know existed. Take honey—not the familiar product sold in plastic bottles, but the wild honey gathered by the Hadza people of East Africa, whose diet consists of eight hundred different plants and animals and who communicate with birds in order to locate bees' nests. Or consider murnong—once the staple food of Aboriginal Australians, this small root vegetable with the sweet taste of coconut is undergoing a revival after nearly being driven to extinction. And in Sierra Leone, there are just a few surviving stenophylla trees, a plant species now considered crucial to the future of coffee. From an Indigenous American chef refining precolonial recipes to farmers tending Geechee red peas on the Sea Islands of Georgia, the individuals profiled in *Eating to Extinction* are essential guides to treasured foods that have endured in the face of rampant sameness and standardization. They also provide a roadmap to a food system that is healthier, more robust, and, above all, richer in flavor and meaning.

*The World Book Encyclopedia* Jul 24 2019 An encyclopedia designed especially to meet the needs of elementary, junior high, and senior high school students.

**Jane Segerstrom's Look Like Yourself and Love It!** Sep 05 2020

*The Child Whisperer* Apr 12 2021 Carol Tuttle has worked in the field of self-help and personal development for over 20 years. Well-known for her work in the areas of energy psychology and energy healing, she has helped hundreds of thousands of people worldwide to live better lives with her inspiring books and life-changing programs – *Energy Profiling* and *Dressing Your Truth*. Carol now applies her expertise in human nature to the world of parenting. In her latest work, *The Child Whisperer*, she shines great light and understanding on what it takes to raise a child true to his or her nature. As the original *Child Whisperer* – and mother of five of her own grown children – Carol is esteemed by parents and children alike for her ability to resolve parent-child conflicts and struggles quickly, and increase cooperation and harmony. Her book turns longstanding parenting assumptions on their heads, and shows how parenting can be an even more intuitive, cooperative, fulfilling experience than any good parent has ever imagined.

**The Terror of Natural Right** Aug 05 2020 "Natural right - the idea that there is a collection of laws and rights based not on custom or belief but that are "natural" in origin - is typically associated with liberal politics and freedom. But during the French Revolution, this tradition was interpreted to justify the most repressive actions of the violent period known as the Terror." "In *The Terror of Natural Right*, Dan Edelstein argues that the revolutionaries used the natural right concept of the "enemy of the human race" - an individual who has transgressed the laws of nature and must be executed without judicial formalities - to authorize three-quarters of the deaths during the Terror. But the significance of the natural right did not end with its legal application. Edelstein argues that the Jacobins shared a political philosophy that he calls "natural republicanism," which assumed the natural state of society was a republic and that natural right provided its only acceptable laws. Ultimately, he argues that what we call the Terror was in fact only one facet of the republican theory that prevailed from Louis's trial until the fall of Robespierre." "A work of historical analysis, political theory, literary criticism, and intellectual history, *The Terror of Natural Right* challenges prevailing assumptions of the Terror to offer a new perspective on the Revolutionary period."--BOOK JACKET.

**How to Catch a Mole** Jan 28 2020 Longlisted for the Wainwright Book Prize 2019 A calming, life-affirming book about the British countryside, the cycle of nature, solitude and contentment, by a brilliant new nature writer who spent time homeless as a young man, sleeping in the hedgerows he now knows so well. Although common, moles are mysterious: their habits are inscrutable, they are anatomically bizarre, and they live completely alone. Marc Hamer has come closer to them than most, both through his long working life out in the Welsh countryside, and his experiences of rural homelessness as a boy. Over the years, Marc has learned a great deal about these small, velvet creatures who live in the dark beneath us, and the myths that surround them, and his work has also led him to a wise and uplifting acceptance of the inevitable changes that we all face. In this beautiful and meditative book, Marc tells his story and explores what moles, and a life in nature, can tell us about our own humanity and our search for contentment. *How to Catch a Mole* is a gem of nature writing, beautifully illustrated by Joe McLaren, which celebrates living peacefully and finding wonder in the world around us.

**My Creation Journal** Feb 08 2021 A daily journal

*Forest Bathing* Jul 16 2021 The definitive guide to the therapeutic Japanese practice of shinrin-yoku, or the art and science of how trees can promote health and happiness Notice how a tree sways in the wind. Run your hands over its bark. Take in its citrusy scent. As a society we suffer from nature deficit disorder, but studies have shown that spending mindful, intentional time around trees--what the Japanese call shinrin-yoku, or forest bathing--can promote health and happiness. In this beautiful book--featuring more than 100 color photographs from forests around the world, including the forest therapy trails that criss-cross Japan--Dr. Qing Li, the world's foremost expert in forest medicine, shows how forest bathing can reduce your stress levels and blood pressure, strengthen your immune and cardiovascular systems, boost your energy, mood, creativity, and concentration, and even help you lose weight and live longer. Once you've discovered the healing power of trees, you can lose yourself in the beauty of your surroundings, leave everyday stress behind, and reach a place of greater calm and wellness.

*The Sacred Depths of Nature* Nov 19 2021 Documentary looking at caravan enthusiasts and how they have made their caravans into a way of life. The programme includes tips from caravan veterans about restoration, interiors, gadgets and accessories.

**Biomimicry** Sep 17 2021 Repackaged with a new afterword, this "valuable and entertaining" (*New York Times Book Review*) book explores how scientists are adapting nature's best ideas to solve tough 21st century problems. Biomimicry is rapidly transforming life on earth. Biomimicry study nature's most successful ideas over the past 3.5 billion years, and adapt them for human use. The results are revolutionizing how materials are invented and how we compute, heal ourselves, repair the environment, and feed the world. Janine Benyus takes readers into the lab and in the field with maverick thinkers as they: discover miracle drugs by watching what chimps eat when they're sick; learn how to create by watching spiders weave fibers; harness energy by examining how a leaf converts sunlight into fuel in trillionths of a second; and many more examples. Composed of stories of vision and invention, personalities and pipe dreams, *Biomimicry* is must reading for anyone interested in the shape of our future.

